



4. Since talking together about spiritual things is really important, how can we have sticky faith conversations?

- As we sit at home?
- As we walk or drive?
- When we get up?
- When we go to bed?

5. **For the older kids:** Make list of all the important things you have to do. Ask which ones aren't getting done on a regular basis. Why? Discuss the idea of having priorities.

6. Close your time together by praying for the person on your right. Pray that they would have a desire to do the important things in life, not just the easy or fun things.

"Peanut Butter Faith - Making It Sticky at Home"

Well, parents, how did week 1 go? I am praying that you took the time to actually build into the lives of your kids spiritually. Grandparents... remember you can do the same with your grandkids. Those without kids... do the study questions and pray as a couple together. As we continue to build our "spiritual house" we will need to build on the foundation we talked about last week.

Getting Started!

1. Get a jar of peanut butter out and have each member of the family take a spoonful and swallow! What do you like about peanut butter?
2. How can faith be sticky like PB?

Reviewing the Truth from the Sermon

1. Take time to review your sermon notes and reflect on what Tim said that impacted your life! Share with your kids the big idea of the sermon.
2. Why is repetition important to learning?

3. What do you think about Tim's comment: "*Sports are good, but spiritual formation is better.*" How have sports negatively or positively affected your family time?
4. How can we use the design or decor of our home to remind us of God's story?

Making the Lesson Stick!

After discussing the questions above, do the activity below to bring home the truth. Sticky faith involves applying the word of God, not just hearing it. It is important to remember the truths of Deut. 6:6-9.

1. What is something that we need to "remember" from this passage?
2. How we spend our time reflects what is really important to our family. Try this activity called the *Time Jar*. Get a clear glass jar (mayonnaise or canning jar), some rocks (about the size of a walnut, or use walnuts), marbles and rice. With masking tape or a sticker label the jar "*24 hours*". Before gathering for Family Time, fill the jar almost to the top with the rocks; add the marbles; then pour in the rice.

Get the family together and say, "This is a time jar. It represents all of the time we have in one day. The rocks are for the *hard things* we have to do – chores, homework, going to work, practicing piano, etc. The marbles stand for the *regular stuff* that isn't hard, but we just do in the day – like brushing our teeth, eating our vegetables, and getting to bed on time! The rice stands for the *easy (fun) things* we do each day. This includes things like playing video games, watching TV, eating candy, and playing with our friends.

Now empty the jar and separate the rocks, marbles and sand into 3 bowls. Now start filling the jar over again by doing the following: Go to each family member and ask them to fill up the time jar with the fun things they like to do. Make sure that you use all the rice by the time you are finished. Ask them to describe each activity and why they think is fun. Make sure each person gets to pour in the rice.

Next put in the marbles and describe those activities. Go around the circle letting each person say something as they put in the marbles. You will notice the jar is pretty full. Now try and put in the rocks. They don't all fit, do they? Why?

Discuss the idea that we have to make time for things that are truly important in our lives and do those things first. If we always start with the easy or fun stuff, we never get around the hard or important stuff. We literally run out of room (time) for the things that are truly important.

Empty the jar again and start over. This time put in the rocks, then the marbles, then the sand. Does it all fit?

Application: We have to watch what we fill our day with, or we run out of time do spend time with God, read our Bibles, pray together, etc.

1. What would happen if we filled our days with nothing but fun stuff?
2. Why does it work the one way but not the other? Why can't we do the fun stuff first, and then work on the harder? (Answer: Because it won't fit! This is true in real life, too!)
3. Read Deut. 6:1-9. What does God say is really important?